

Destiny Management



FEE SCHEDULE

(206) 799-8650
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The Final Edge to Metabolic Control™
We enhance lifestyles through proven wellness and fitness systems™

SESSIONS PER MONTH	COST PER SESSION
Personal Training: All sessions are invoiced at the end of the month with at least one session per month.	\$79.00
On-line training & Consultations	\$10/mo.
Boot Camp: Group fitness classes.	\$20
Trainerly: allows you to workout and exercise at your home, office, hotel room or pretty much anywhere in the world through live 2-way webcam. (30 Min. Session)	\$29

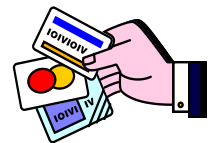
FEES FOR SERVICES PURCHASED SEPARATELY

\$99.00	Fitness Evaluation. Includes body composition testing and measurements, health screening, goal setting, and pertinent fitness tests.
\$99.00	Program design. Includes Individual Routine, Training Journal, The Final Edge to Metabolic Control™ book system, and One Training Session. \$69.00 after the first program design.
\$45.00	Follow-up (½ hour session). Includes fitness tests, body composition testing and measurements with consultation and progress chart.
\$199.00	Complete nutritional profile with exchange list, snack ideas, fast & frozen food tips, recipe book, shopping list, eating out tips, educational handouts, and 3 consultations (½ hour each). Includes the Fitness Screening with body composition & measurement testing.

CANCELLATION POLICY:

8/14

- Cancellations with less than 24 hours notice will be charged a \$20.00 flat fee.
- No-shows will be charged full session price.



PROGRAMS DO NOT INCLUDE GYM MEMBERSHIP
PRICES DO NOT INCLUDE SALES TAX

We gladly accept all major credit cards

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